

# DANCE SPORT TRAINING CAMP 2019

August 26 - August 30, 9am-5pm.

## Schedule for recreation program Beginners-N3 levels

9:00-9:45	<b>Fitness, Stretching</b>	
9:45-10:30	<b>Standard</b>	Students will learn basic figures in standard program (Waltz, Tango, Quickstep)
10:30-10:45	<b>Snack time</b>	
11:45-12:00	<b>Hip-hop</b>	Students will learn basic figures in hip-hop and creat routins.
11:30-12:15	<b>Acting</b>	During this class students will develop self-expression.
12:15-1:00	<b>Arts &amp; Crafts</b>	
1:00-2:00	<b>Lunch/Outdoor Activity</b>	
2:00:2:45	<b>Latin</b>	Students will learn basic figures in latin program (Samba, Cha-cha-cha, Rumba)
2:45-3:30	<b>Contemporary</b>	Students will learn basic figures in contemporary and creat routins.
3:30-3:50	<b>Dance Games</b>	During this class thru the games, students will develop musicality and floor craft.
3:50-4:00	<b>Snack time</b>	
4:00-5:00	<b>Practice ST/LA</b>	For all groups. All dancers will show their knolege in presentation and self-exspration

More information and registration in Dance DNA office or call  
647-773-6107 Anna